

Educational Series of Notices for Mayflower Secondary School

Educational Posters | Student Handout

Mayflower Secondary School - Be Mighty in Thought & Deed

LAWS

1. Central image
2. Use images, symbols, codes & dimensions
3. Print key words
4. One key word per line
5. Lines are connected
6. Thicker lines nearer the centre
7. Line length = word length
8. Use colour
9. Use emphasis & show associations
10. Use Radiant hierarchy
11. Use numerical order

HOW TO MIND MAP

1. Always use a blank white sheet
2. Turn it landscape
3. Select the topic, problem or subject
4. Gather any additional information required
5. Start in the centre with an unframed image
6. Image size = 6cm x 6cm (A4) or 10cm x 10cm (A3)
7. Use dimensions, expressions and at least 3 colours for the central image
8. Make branches closest to the centre thicker
9. Make lines 'wavy' (organic)
10. Choose your Basic Ordering Ideas (BOIs)
11. Branch thinner lines off the end of the BOIs
12. Use images whenever possible
13. Use your own colours or codes
14. Capture all ideas
15. Edit, re-organise, make more beautiful, elaborate or clarify
16. Re-visit your mind map regularly

MIND MAPPING

TIME MANAGEMENT TECHNIQUES

KEY POINTS

- 1. Plan your time
- 2. Prioritise your tasks
- 3. Use your time wisely
- 4. Avoid distractions
- 5. Take breaks
- 6. Stay organised
- 7. Use your time effectively
- 8. Stay motivated
- 9. Stay focused
- 10. Stay positive
- 11. Stay calm
- 12. Stay confident
- 13. Stay happy
- 14. Stay healthy
- 15. Stay successful

NOTE MAKING

KEY POINTS

- 1. Plan your notes
- 2. Use your notes wisely
- 3. Avoid distractions
- 4. Take breaks
- 5. Stay organised
- 6. Use your notes effectively
- 7. Stay motivated
- 8. Stay focused
- 9. Stay positive
- 10. Stay calm
- 11. Stay confident
- 12. Stay happy
- 13. Stay healthy
- 14. Stay successful

8 SIMPLE WAYS TO CONTROL STRESS

KEY POINTS

- 1. Plan your stress
- 2. Use your stress wisely
- 3. Avoid distractions
- 4. Take breaks
- 5. Stay organised
- 6. Use your stress effectively
- 7. Stay motivated
- 8. Stay focused
- 9. Stay positive
- 10. Stay calm
- 11. Stay confident
- 12. Stay happy
- 13. Stay healthy
- 14. Stay successful

MEMORY PRINCIPLES

KEY POINTS

- 1. Plan your memory
- 2. Use your memory wisely
- 3. Avoid distractions
- 4. Take breaks
- 5. Stay organised
- 6. Use your memory effectively
- 7. Stay motivated
- 8. Stay focused
- 9. Stay positive
- 10. Stay calm
- 11. Stay confident
- 12. Stay happy
- 13. Stay healthy
- 14. Stay successful

SO3R

KEY POINTS

- 1. Plan your SO3R
- 2. Use your SO3R wisely
- 3. Avoid distractions
- 4. Take breaks
- 5. Stay organised
- 6. Use your SO3R effectively
- 7. Stay motivated
- 8. Stay focused
- 9. Stay positive
- 10. Stay calm
- 11. Stay confident
- 12. Stay happy
- 13. Stay healthy
- 14. Stay successful

STUDY METHODS

KEY POINTS

- 1. Plan your study methods
- 2. Use your study methods wisely
- 3. Avoid distractions
- 4. Take breaks
- 5. Stay organised
- 6. Use your study methods effectively
- 7. Stay motivated
- 8. Stay focused
- 9. Stay positive
- 10. Stay calm
- 11. Stay confident
- 12. Stay happy
- 13. Stay healthy
- 14. Stay successful

